



Wayne County School System Trend Report CSH Overview Summary

The following information is a summary of CSH activities and accomplishments since the formation of CSH in the Wayne County School System.

CSH Infrastructure Established

An infrastructure for CSH has been developed for the Wayne County School System that includes:

- School Health Advisory Committee
- Seven Healthy School Teams
- School Health Policies strengthened or approved – there have been no changes to school health policies
- Total amount of grant funding and in-kind services/materials secured by CSH to expand school health capacity for our LEA totals \$127,928.00.

Community partnerships have been formed to address school health issues. Current partners include:

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| ➤ Wayne County Health Council | ➤ Frank Hughes Police Department |
| ➤ Tennessee Technology Center | ➤ Frank Hughes Sherriff's Department |
| ➤ of Hohenwald | ➤ Promoting Sober Students Everyday |
| ➤ Wayne County School Government | ➤ Programs Coordinator |
| ➤ Hassell and Hughes Lumber Company | ➤ Gear-Up Coordinator |
| ➤ UT Extension Agency | ➤ Wayne County Rotary Club |
| ➤ Well Child Agency | ➤ Leadership Council |
| ➤ TENNderCare Agency | ➤ Wayne County School Board of Education |
| ➤ TN State Troopers Department | ➤ Shackelford Funeral Home of Wayne County |
| ➤ Wayne County Police Department | ➤ Youth 2 Youth Advocacy Group of Wayne County |
| ➤ Wayne County Sherriff's Department | ➤ God's Storehouse of Wayne County |
| ➤ Collinwood's Police Department | ➤ Roxy Pease, Director of Community Outreach |
| ➤ Collinwood's Sherriff's Department | ➤ Community Fall Festival |
| | ➤ Afterschool Community Program |
| | ➤ Interquest Canine Unit of Alabama |
| | ➤ Wayne County Interact Club |
| | ➤ Wayne County Church of Christ |
| | ➤ Fast Pace Medical Clinic |
| | ➤ Butterfly Foundation |

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| ➤ Ladies in Pink Society | ➤ Volunteer Hospice |
| ➤ Wayne Medical Center | ➤ Columbia State Community College |
| ➤ Wayne County Health Department | ➤ Wayne County Helping Hands |
| ➤ Wayne County Technology Center | ➤ TN Department of Human Services |
| ➤ Duren's Drug Store | ➤ Mendy's |
| ➤ People's Bank | ➤ Sherry Rich, local store owner |
| | ➤ Little Star Convenience Store |

Parent and Student Involvement Developed

Parents are involved in numerous CSH activities that include the Healthy School Teams at Waynesboro, Collinwood and Frank Hughes School Systems, the Fronzie Tobacco Free Show, the Christmas Parades, the Mother/Daughter Banquet, the Drama Play Event, 1st Annual Pink-Out Basketball Game, and the Annual Fall Festival. Currently, 85 parents are collaborating with CSH.

Students have been engaged in CSH activities that include Red Ribbon Week, Tobacco Free Football Game, Christmas Parades, Mother/Daughter Banquet, Drama Play Event, Fronzie the Fit Fox's Book and Reading Show, Fronzie's Tobacco and Alcohol Free Christmas Show, Fronzie the Fit Fox's Healthy New Year's Show, 1st Annual Pink-Out Basketball Game and health screenings. Approximately 681 students are partnering with CSH to address school health issues.

School Health Interventions

Since CSH has been active in the Wayne County School System, the following health interventions have taken place:

School Health Screenings and Referrals to Health Care providers – 2565 screened and 544 referred;

Students have been seen by a school nurse and returned to class – 12,563 seen by a school nurse and 10,711 were returned to class;

BMI data has been collected that shows the severity of the childhood obesity epidemic in our LEA. 2009/2010 BMI referrals for students were 457 out of 929 screened and in 2010/2011 there were 451 out of 1100 screened. There has been a drop in referrals due to more physical activity, exercise, and health education provided by CSH;

Many items have been purchased with CSH funds to enhance school health efforts. Examples of items purchased include playground equipment for all schools, traverse climbing walls for all schools, exercise equipment, four televisions for exercise games, exercise bikes, Dance Revolution Pads, Xbox 360 Kinects Games, Wii Games, Wii Fit Plus, Playstations 2 and games for all;

Professional development has been provided to school health staff. Examples include CSH paying for two physical education teachers to attend the TAHPERD Annual HATS Conference

in Murfreesboro, TN to learn new techniques for teaching physical education. CSH also paid for four school counselors and one principal to attend the CHAT session at Giles County, TN in which valuable information was gained on “bullying” in the school systems;

School faculty and staff have received support for their own well-being through two Take 10! training sessions, Michigan Model curriculum meetings, child abuse reporting, and bullying meetings. Exercise equipment, Wii Fit Plus and exercise video’s were made available to staff.

Specific interventions have been made in the following areas to address childhood obesity and behavioral health issues:

- Health Education Interventions – Mother/Daughter Seminar Banquet, 1st Annual Pink-Out Basketball Event, Annual Fall Festival, Fronzie’s Tobacco Free Show, Tobacco Free Football Game, Fronzie the Fit Fox’s Book and Reading Show, Fronzie the Fit Fox’s Healthy New Year Show, Fronzie’s on Facebook, Butterfly Foundation, Jump Rope for Heart Kickoff Event, conducted surveys, provided Fronzie the Fit Fox Book, Back to School Night Event, health screenings, Timed Run Events, Fronzie’s Foxtrot, Wayne County Special Olympics, Health Fair, several power-point presentations on healthy nutritional information were presented to Waynesboro, Collinwood, and Frank Hughes Schools;
- Physical Education/Physical Activity Interventions – new playground equipment and traverse climbing walls were purchased for Waynesboro, Collinwood and Frank Hughes Schools. Dance Revolution Games, Wii, Guitar Revolution, Just Dance, 4 Televisions, Exercise Game Bikes, DDR’s, Pickle Ball, Field Day Kits, Fox Holes (cornholes), Xbox 360 Kinects Games, and Guitar Hero were made available to students and community events;
- Nutrition Interventions – Backpack for Kids Program, nutritional posters, foldable displays, brochures, power-point presentations at all schools, nutritional video’s and Fronzie Shows;
- Mental Health/Behavioral Health Interventions – Drama Play Event, Red Ribbon Event, Fronzie’s Tobacco and Alcohol Free Christmas Show, Interquest Canine Unit of Alabama, speakers (Lt. Christina Faulkner, Aaron Cooksey, Stephen Bargatze) on bullying, sexting, and driving while intoxicated for students.

Additional information includes the total amount of funding and in-kind services secured by CSH to expand school health capacity and was also a huge benefit to the community as well for years 2007-2011 which totaled \$422,038.00.

In such a short time, CSH in the Wayne County School System has made significant contributions to the well-being of our students and staff which in turn has addressed numerous non-academic barriers to student academic achievement.

For more information concerning Coordinated School Health (CSH), please contact the Coordinator.

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